

DHEA (dehydroepiandrosterone)

Micronized; supports healthy DHEA levels[‡]

INDICATIONS

- Ages 18 and up
- Immune function support[‡]
- Emotional well-being support[‡]
- Lean body mass[‡]
- Reproductive function support[‡]

BENEFITS

- Supports healthy immune cell activity and immune system function[‡]
- Supports emotional well-being[‡]
- May promote a healthy ratio of lean muscle to fat mass[‡]

FEATURES

- Micronized DHEA for enhanced absorption
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

DHEA, dehydroepiandrosterone, is the most abundant adrenal steroid hormone in the body. After it is made by the adrenal glands, it travels into cells throughout the body where it is converted into androgens and estrogens. These hormones regulate fat and mineral metabolism, endocrine and reproductive function, and energy levels.^{1,2,3} The amount of each hormone to which DHEA converts to depends on an individual's biochemistry, age and sex. DHEA levels peak around age 25 and then decline steadily. DHEA supplementation supports emotional well-being and immune function.^{4,5†}

SUGGESTED USE

DHEA 5 mg: As a dietary supplement, take 1 capsule, 1-2 times daily, with meals, or as directed by a health professional.

DHEA 10 mg and 25 mg: As a dietary supplement, take 1 capsule daily, with a meal.

STORAGE

Store in a cool, dry place.

WARNING

NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified healthcare professional before using this product if you have, or have a family

history of, breast cancer, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. **KEEP OUT OF REACH OF CHILDREN.** To report any adverse event call 1-800-332-1088.

CAUTION ATHLETES: DHEA is classified as a prohibited substance by certain sports organizations, as well as the World Anti-Doping Association (WADA). Please consult the rules of your specific organization to determine if DHEA is prohibited.

SOURCE

- The compound diosgenin is extracted from wild yam and undergoes a proprietary synthetic process to develop DHEA. The human body cannot metabolize wild yam into DHEA. This process can only take place in a laboratory. Pure Encapsulations® DHEA is micronized to increase absorption. It is made with 99% pure, pharmaceutical grade DHEA
- Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil
- Hypoallergenic plant fiber is derived from pine cellulose

NOTES

DHEA 5 mg

Size 1 caps

Bottle count 60, 180

Order code DH6, DH1

Bottle size 190 cc

DHEA 10 mg

Size 1 caps

Bottle count 60, 180

Order code DH16, DH11

Bottle size 190 cc



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[‡]These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DHEA (dehydroepiandrosterone)

Micronized; supports healthy DHEA levels[‡]

DHEA 25 mg

Size 1 caps

Bottle count 60, 180

Order code DH26, DH21

Bottle size 190 cc

REFERENCES

1. Weiss EP, et al. *Aging (Albany NY)*. 2011 May;3(5):533-42.
2. Fusi FM, et al. *Gynecol Endocrinol*. 2013 Oct;29(10):940-3.
3. Casson PR, et al. *Fertil Steril*. 1998 Jul;70(1):107-10.
4. Khorram O, et al. *J Gerontol A Biol Sci Med Sci*. 1997 Jan;52(1):M1-7.
5. Casson PR, et al. *Am J Obstet Gynecol*. 1993 Dec;169(6):1536-9

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SUPPLEMENT FACTS

1 capsule, 1-2 times daily, with meals.

Each (size 1) vegetarian capsule contains:

DHEA (dehydroepiandrosterone, C ₁₉ H ₂₈ O ₂) (micronized)	5 mg
Other ingredients: hypoallergenic plant fiber, vegetarian capsule (cellulose, water), rice hulls, ascorbyl palmitate	

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DHEA 5 mg (micronized)	Quantity	Order Code
	180	DH1
	60	DH6

1 capsule daily, with a meal.

Each (size 1) vegetarian capsule contains:

DHEA (dehydroepiandrosterone, C ₁₉ H ₂₈ O ₂) (micronized)	10 mg
Other ingredients: hypoallergenic plant fiber, vegetarian capsule (cellulose, water), rice hulls, ascorbyl palmitate	

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DHEA 10 mg (micronized)	Quantity	Order Code
	180	DH11
	60	DH16

1 capsule daily, with a meal.

Each (size 1) vegetarian capsule contains:

DHEA (dehydroepiandrosterone, C ₁₉ H ₂₈ O ₂) (micronized)	25 mg
Other ingredients: hypoallergenic plant fiber, vegetarian capsule (cellulose, water), rice hulls, ascorbyl palmitate	

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DHEA 25 mg (micronized)	Quantity	Order Code
	180	DH21
	60	DH26



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